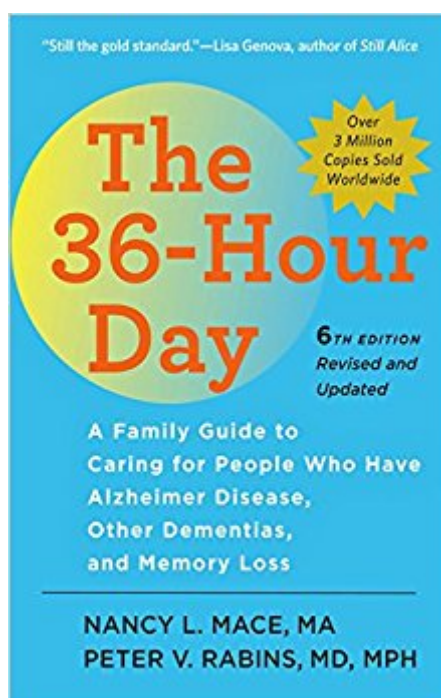


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# The 36-Hour Day: A Family Guide To Caring For People Who Have Alzheimer Disease, Other Dementias, And Memory Loss (A Johns Hopkins Press Health Book)



## Synopsis

Through five editions, *The 36-Hour Day* has been an essential resource for families who love and care for people with Alzheimer disease. Whether a person has Alzheimer disease or another form of dementia, he or she will face a host of problems. *The 36-Hour Day* will help family members and caregivers address these challenges and simultaneously cope with their own emotions and needs. Featuring useful takeaway messages and informed by recent research into the causes of and the search for therapies to prevent or cure dementia, this edition includes new information on:

- devices to make life simpler and safer for people who have dementia
- strategies for delaying behavioral and neuropsychiatric symptoms
- changes in Medicare and other health care insurance laws
- palliative care, hospice care, durable power of attorney, and guardianship
- dementia due to traumatic brain injury
- choosing a residential care facility
- support groups for caregivers, friends, and family members

The central idea underlying the book—that much can be done to improve the lives of people with dementia and of those caring for them—remains the same. *The 36-Hour Day* is the definitive dementia care guide.

## Book Information

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## Customer Reviews

very helpful in working through this time with my family. The good provides insight and helps you navigate the path a head

Anyone needing guidance while struggling to understand someone going through Alzheimer's or dementia should read this book! I highly recommend it.

A great reference book for anyone dealing with Alzheimer's.

Very helpful book on helping those of us with little experience with Alzheimer's, understand how to deal with our loved ones who are afflicted with it. I highly recommend this book to anyone who has a family member or close friend with Alzheimer's.

Although I have not completely read the book, I have found it very useful in understanding certain situations. I care for someone with alzheimers and everyday brings something new. Imhave used this book to look up the symptoms and the explanation.

Valuable resource book...for dealing with loved ones with Alzheimers/Dementia.

Lots of information that is really common sense. Most the recommendations are "talk to your doctor" which is a no brainer.

The book provides a good insight on "failing" memories and ways to deal with the situation.

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